

PHARMACEUTICAL TRENDS

Top 10 Reasons* for Physician Visits in Canada, 2019

		Patient visits*** (000s)	% Male	% Female	% Patient visits with drug recommendations
1	Hypertension	21,296	54	46	84
2	Diabetes mellitus	12,651	57	43	78
3	Depressive disorder	8,672	34	66	82
4	Anxiety	7,879	35	65	72
5	Health check-up**	7,670	50	50	3
6	Unknown/unspecified causes	5,334	47	53	100
7	Acute upper respiratory infection	5,242	49	51	38
8	Normal pregnancy supervision	5,090	0	100	12
9	Hyperlipidemia	5,019	60	40	89
10	Hypothyroidism	4,989	22	78	93

* Based on ICD 9 classifications.

** Health check-up is comprised of Diagnoses: V20.2 Routine Child Health Check-up and V70.0 Routine General Medical Exam and Health Check-up.

*** Visits made to Canadian office-based physicians – physicians maintaining an office outside hospitals.

Source: IQVIA, Canadian Disease and Therapeutic Index.

© 2020 IQVIA. All rights reserved.

www.iqvia.com