

PHARMACEUTICAL TRENDS

Top 10 Reasons* for Physician Visits in Canada, 2018

		Patient visits*** (000s)	% Male	% Female	% Patient visits with drug recommendations
1	Hypertension	21,515	52	48	84
2	Diabetes Mellitus	12,267	56	44	77
3	Health check-up**	8,243	51	49	3
4	Depression Disorder	8,360	32	68	80
5	Anxiety	7,462	31	69	72
6	Normal pregnancy supervision	5,542	0	100	12
7	Acute upper respiratory infection	5,132	51	49	38
8	Esophagitis	4,524	44	56	88
9	Hyperlipidemia	5,102	60	40	88
10	Unknown/unspecified causes	5,174	47	53	100

* Based on ICD 9 classifications.

** Health check-up is comprised of Diagnoses: V20.2 Routine Child Health Check-up and V70.0 Routine General Medical Exam and Health Check-up.

*** Visits made to Canadian office-based physicians - physicians maintaining an office outside hospitals.

Source: IQVIA, Canadian Disease and Therapeutic Index.

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