

Ensure continuous quality improvement in patient care for

Heart Failure, Stroke, Resuscitation, and Atrial Fibrillation



In partnership with Quintiles, the American Heart Association (AHA) created four premier Get With The Guidelines® programs designed to help hospitals ensure continuous quality improvement in patient care for heart failure, stroke, resuscitation, and atrial fibrillation.

Get with the Guidelines®

Get With The Guidelines® focuses on care team protocols to ensure that patients are treated and discharged appropriately. The program aims to ensure that eligible patients are initiated on guideline recommended therapies and receive appropriate counseling prior to hospital discharge. These award-winning* programs have a proven track record of success. With more than 2,000 hospitals participating and more than 3 million patients enrolled, Get With The Guidelines® programs are estimated to save more than 80,000 people annually if 75% of the eligible patients discharged are treated at an 85% compliance rate with the AHA/ACC Secondary Prevention guidelines.

Get with the Guidelines® Modules

- > **Stroke:** Ensures continuous quality improvement of acute stroke treatment and ischemic stroke prevention, using the same measure sets as the Joint Commission
- > **Heart Failure:** Improves the quality of care in patients hospitalized with heart failure
- > **Resuscitation:** (formerly NRCPR): Improves adherence to evidence-based care of patients who experience an in-hospital resuscitation event or received post cardiac arrest care following an in-hospital or out-of-hospital event
- > **AFib:** Assists hospital care teams in consistently providing the latest evidence-based treatment for AFib patients

Continuous Quality Improvement

Implementing the Get With The Guidelines® programs will benefit your patients and hospital because increasing adherence to these guidelines will improve the treatment and outcomes of patients under your care. These programs help hospitals establish rapid cycle continuous quality improvement in patient care by identifying individuals to lead, develop, and mobilize teams to implement critical pathways and discharge protocols for admitted patients.

Easily Manage and Submit Your Data

Access Quintiles' Get With The Guidelines Patient Management Tools® (PMT®) from any computer connected to the Internet—there is no software to install and all updates and upgrades are performed centrally. Quintiles' web-based system includes an array of value-added features from "smart forms," to site-specific data collection. Our comprehensive reporting tools provide hospitals a host of standard reports available for on-demand generation in an array of graphical and tabular formats. The PMT is an easy-to-use online form that requires minimal input but provides a powerful set of features to meet clinical, quality, accreditation, and research needs. Get With The Guidelines® is flexible to meet multiple needs from improving patient information and communication with referring physicians, to transmitting information to third parties such as the Joint Commission, and CMS.

Benefits of Get with the Guidelines®

Improve Treatment and Discharge Protocols

These programs begin with an assessment of your hospital's current acute treatment and discharge protocols, which will provide a baseline against which you will compare your future results and measure your success. By using the program's tools, you can achieve continuous quality improvements in your acute treatment and discharge procedures. These tools are easy to use and will assist you in addressing each patient's needs. Get With The Guidelines® focuses on interventions such as:

- > *Smoking cessation counseling*
- > *Lipid lowering therapy*
- > *ACE inhibitor use*
- > *Blood pressure treatment*
- > *Beta blocker use*
- > *Weight and exercise management*
- > *Diabetes management*
- > *Atrial fibrillation management*
- > *Aspirin or other antithrombotic medication*
- > *Alcohol and drug abuse management*
- > *Cardiopulmonary resuscitation*

Rapid Start-up

- > *Access real-time hospital-specific and aggregate benchmarking reports that can be printed or incorporated into presentations.*
- > *Check the most current guidelines, customized to the patient at hand and automatically generate and print customized patient education materials.*
- > *Easily manage your data by adding custom data fields, downloading data on-demand, and exporting data at any time. Additionally, built-in validation checks keep your data clean and accurate.*
- > *Transmit data to third parties such as the Joint Commission and the Centers for Medicare and Medicaid Services (CMS). Use the Joint Commission-enhanced version of the Stroke PMT as a simple, integrated solution to align with the Joint Commission Primary Stroke Center Certification Performance Measurement Requirements.*

Getting Started

1. To begin the process, each hospital must sign a Participating Hospital Agreement (PHA). For a copy or more information on system requirements, security policies, and contract questions, please call Quintiles at +1 888 526 6700 or email provider@quintiles.com. Send a signed copy of the PHA to: Quintiles, 201 Broadway, Cambridge, MA 02139.
2. After receiving the signed Agreement, Quintiles will schedule a training. Once trained, you can immediately input data and access all system features, including real-time reports, referral notes, and patient education materials.
3. After entering 30 records into the system and meeting the accompanying criteria, your hospital will be eligible to receive the first level of Get With The Guidelines® recognition from the AHA.
4. With documented consistently high levels of compliance with the appropriate Guidelines as specified by the AHA, your hospital becomes eligible for The Guidelines® Performance Achievement Award!

Affordable

For a low annual fee per module, hospitals have up to 10 user accounts. This fee covers teleconference training for your site and help desk support. Additional fees apply for transmission of data to third parties such as The Joint Commission, CMS, or other groups specified by the site.

Learn More

If you need help setting up your hospital team, implementation plan, or order sets, please visit: www.americanheart.org/getwiththeguidelines OR guidelineinfo@heart.org

*2002 CMS Common Knowledge Award from the U.S. Dept. of Health and Human Services (HHS). 2004 Innovation in Prevention Award from the U.S. Dept. of HHS. 2007 eHealth Initiative Award.s.hhs.gov.

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